

**Ministry of Higher Education and Scientific Research
Scientific Supervision and Scientific Evaluation Apparatus
Directorate of Quality Assurance and Academic Accreditation
Department**



Academic Program and Course Description Guide

1st stage Sport and Civil Defense 2025-2026

Academic Program Description Form

University Name: University of Al-Qadisiyah

Faculty/Institute: College of medicine

Scientific Department:

Academic or Professional Program Name: General Medicine and Surgery

Final Certificate Name: Bachelor's degree in General Medicine and Surgery

Academic System: Annual year / 2 semester

Description Preparation Date: 10/9 /2025

File Completion Date: 16/9/2025

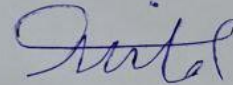
Signature:



Head of Department Name:

Prof Dr. Nael Mohammed

Signature:



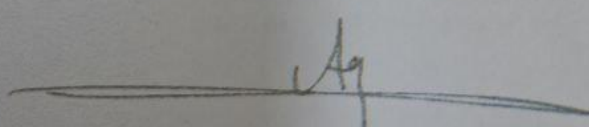
Scientific Associate Name:

Prof. Dr. Nael Mohammed

The file is checked by: Prof Dr. Anwar jassib
Department of Quality Assurance and University Performance
Director of the Quality Assurance and University Performance
Department:

Signature:




Approval of the Dean

1. Program Vision

Seeking to make the College of Medicine in Al-Qadisiyah University a distinguished college among the medical colleges in Iraq in the field of medical education. Additionally, to make it has a clear imprint in promoting the health field in the Iraqi community and works to provide distinctive proposals and views for basic and clinical medical sciences to ensure meeting the health needs of the community at the local and national levels..

2. Program Mission

Al Qadisiyah medical college aims at producing medical doctors that are able to participate effectively in the health care delivery system whether in Iraq or any other country

The curriculum is designed to provide students with the necessary knowledge, skills and attitudes in order to function as safe doctors and have the baseline for lifelong learning in the medical field in the future

The teaching methods are guided by learning objectives that ensure delivering basic biomedical, behavioral and social and clinical subjects which help creating an efficient junior doctor who is competent, motivated and professional.

3. Program Objectives

- Each lecture will present specific objectives.
- The medical terminology course aims to provide students with a basic understanding of sports, their importance, and their impact on the human body and its functions.

This course will include theoretical lectures on physical education, specifically related to certain human injuries, classified according to the body's systems and organs.

4. Program Accreditation

An application has been made for national accreditation for medical colleges

5. Other external influences

6. Program Structure

Program Structure	Number of semester	Credit hours	Percentage	Reviews*
Institution Requirements	2	Total hour in semester I ,II 30h		Basic

College Requirements	2	Total hour in semester I,II 30h		Basic
Department Requirements	2	Total hour in semester I,II 30h		Basic
Summer Training	Not found			

* This can include notes whether the course is basic or optional.

7. Program Description				
Year/Level	Course Code	Course Name	Total Credit Hours	
1 st year	SPO 1108	Sport and civil defense	theoretical	practical
			30 h for annual year , semester I,II	60 h for annual year , semester I,II

8. Expected learning outcomes of the program	
Knowledge	
	<p style="text-align: center;">Knowledge and Understanding</p> <ul style="list-style-type: none"> ❖ Know the basic systems used to describe injuries in the human body. ❖ Know the general and specific systems related to the body's control unit. ❖ Identify the various terms used to describe injuries in the musculoskeletal and skeletal systems. ❖ Identify the basic injuries related to the respiratory and cardiovascular systems. ❖ Identify how to transfer basic and clinical knowledge between medical fields. ❖ Know the therapeutic methods used for each type of human body injury. <p>as well as methods for preventing severe injuries.</p>
Practical Skills	
	Building a clear, flexible medical control capacity that is shared by all students

9. Teaching and Learning Strategies
- Lecture halls

- Data shows & computer assistance
The college's five-a-side pitch for practical training

10. Evaluation methods

-Theory

. **Written Examination** Assessment of knowledge and understanding and intellectual skills. These are usually done as summative assessments at the end of each system

Practical Examination: there are many practical examination

- **Oral Examination**

- **MCQ**

11. Faculty

Faculty Members

Academic Rank	Specialization		Special Requirements/Skills (if applicable)	Number of the teaching staff	
	General	Special		Staff	Lecturer
lecturer				1	

Professional Development

Mentoring new faculty members

processes and activities designed to enhance the professional knowledge, skills, and attitudes of educators so that they might, in turn, improve the learning of students.

Professional development of faculty members

creating or sustaining a culture of teaching excellence; advancing new initiatives in teaching and learning; and supporting individual faculty members' goals for professional development.

12. Acceptance Criterion

According to the student's central acceptance rate

13. The most important sources of information about the program

14. Program Development Plan

1. Focus primarily on making physical education lectures more interactive by posing key "how" and "why" questions.
2. Focus more on sample questions: These are posted weekly based on the learning objectives for the week, allowing students to study them on their own.

Program Skills Outline															
				Required program Learning outcomes											
Year /Level	Course Code	Course Name	Basic or optional	Knowledge				Skills				Ethics			
				A1	A2	A3	A4	B1	B2	B3	B4	C1	C2	C3	C4
1 st year	SPO 1108	Sport and civil defense	Basic	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	

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- Please tick the boxes corresponding to the individual program learning outcomes under evaluation.

Course Description Form

1. Course Name:	
Sport and civil defense	
2. Course Code:	
SPO 1108	
3. Course	
Year: 1 st year , annual year m=, semester I,II	
4. Description Preparation	
Date:10/9/2025	
5. Available Attendance Forms:	
Official working hours	
6. Number of Credit Hours (Total) / Number of Units (Total)	
90h theory for annual year , semester I,II (30h theory and 60h practical) / 2unit total	
7. Course administrator's name (mention all, if more than one name)	
8. Course Objectives	
Course Objectives	<ul style="list-style-type: none"> ➤ Identify and explain the devices used for anthropometric measurements using specific medical terminology. ➤ Identify different types of body injuries and their associated infrastructure. ➤ Write paragraphs describing the functions and structure of each device used.
9. Teaching and Learning Strategies	
Strategy	<ul style="list-style-type: none"> • Manage the lecture in a way that feels the importance of time. • The method of lecture and the use of the smart board • Readings, self-learning, discussion panels. • Exercises and activities in the classroom. • Guiding students to some websites to benefit from them to develop capabilities. • Asking students, a set of thinking questions during the lectures such as what, how, when and why for specific topics • Sudden daily and weekly continuous tests. • Allocate a percentage of the class for group activities.
10. Course Evaluation	
The method of lecture and the use of the smart board Readings, self-learning, panel discussions.	

Exercises and activities in the classroom.

- Guide students to some websites to benefit from them to develop abilities.

Ask the students a set of thinking questions during the lectures such as what, how, when and why

11. Learning and Teaching Resources

الاصابات الرياضية	
الانواع- العلاج والتاهيل	
للكاتبتن : اشرف محمود\ ٢٠١٦	
التربية الصحية والنشاط الرياضي	
الدكتور : حسن جود الله \ ٢٠٢٢	

Course Contents:

First and second Semester content :

Date	Lecture
1-2 wks	أهمية ممارسة الرياضة وارتباطها بالصحة
3-4wks	اولا: تأثير النشاط الرياضي على الهيكل العظمي والمفاصل
5-6wks	ثانيا: تأثير النشاط الرياضي على الجهاز العضلي
7-8wks	ثالثا: تأثير النشاط الرياضي على الجهاز العصبي
9-10wks	رابعا: تأثير النشاط الرياضي على الدم
11-12wks	خامسا : تأثير النشاط الرياضي على القلب
13-14wks	سادسا : تأثير التمرينات على الجهاز التنفسي
15-16wks	الاختبارات والمقاييس في التربية الرياضية
17-18wks	الطب الرياضي
19-20wks	الإصابات الرياضية
21-22wks	الفحص والتقييم في الإصابات الرياضية
23-24wks	العلامات الفسلجية التي يمكن قياسها اثناء الإصابة
25-26wks	مهارات كرة القدم
27-28wks	معلومات وقياسات ملعب كرة القدم
29-30wks	مراجعة

Examinations description:

Examination	Description
1-Continuous progress test (CPT)	oral examination / spot diagnosis , quizzes , PBL ,Short answered questions, and skills assessment , log book activity , Case report ,homework activity
2- Mid theory exam for each semester	Short answered questions, M.C.Qs. and case presentation with short answer and matching according bloom and blue print
3- Half year theory exam	M.C.Qs. as case sinario or direct question , according bloom and blue print
4-Final year theory exam	M.C.Qs. as case sinario or direct question , according bloom and blue print
5- Final Practical exam for semester I,II	Spot slide diagnosis , prescription writing, M.C.Q , according bloom and blue print

The minimum passing grades (Faculty bylaws) is 50 marks.

Re-sit Examinations :- Students who fail in a in the annual year assessment will be required to re-sit (second sitting) the Final theory examination