

**Ministry of Higher Education and Scientific Research
Scientific Supervision and Scientific Evaluation Apparatus
Directorate of Quality Assurance and Academic Accreditation
Department**



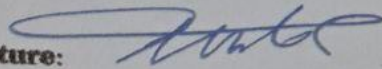
Academic Program and Course Description Guide

5th stage Psychiatric 2025-2026

Academic Program Description Form

University Name: University of Al-Qadisiyah
Faculty/Institute: College of medicine
Scientific Department:
Academic or Professional Program Name: General Medicine and Surgery
Final Certificate Name: Bachelor's degree in General Medicine and Surgery
Academic System: Annual year / 2 semester
Description Preparation Date: 10/9 /2025
File Completion Date: 16/9/2025

Signature:



Head of Department Name:

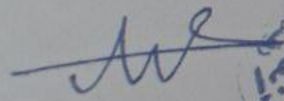

Prof Dr. Nael Mohammed

Signature:

Scientific Associate Name:

Prof. Dr. Radhi F. shbsh

The file is checked by: Prof Dr. Anwar jassib
Department of Quality Assurance and University Performance
Director of the Quality Assurance and University Performance
Department:
Signature:

Approval of the Dean

1. Program Vision

Raise awareness about the importance of mental health and the effects of psychiatric morbidity on patients

2. Program Mission

To improve student's knowledge and abilities regarding the field of psychiatry so as to develop the health care services provided by them as future doctors and to implant an empathetic view of mentally ill patients to treat them equally as any other patients in need of care

3. Program Objectives

- 1- Introduce students to the concept of mental illness, how to diagnose and treat
- 2- Raise awareness about the heavy burden of mental illness on society
- 3- Correct common misconceptions regarding psychiatry
- 4- Improve students abilities to interact with different patients

4. Program Accreditation

An application has been made for national accreditation for medical colleges

5. Other external influences

Advances in medical science and technology , requiring regular curriculum updates

6. Program Structure				
Program Structure	Number of semester	Credit hours	Percentage	Reviews*
Institution Requirements	2	Total hours 99 h for annual year , semester I,II (60 h theory) and 39h for each group clinical session		Basic
College Requirements	2	Total hours 99 h for annual year , semester I,II (60 h theory) and 39h for each group clinical session		Basic
Department Requirements	2	Total hours 99 h for annual year , semester I,II (60 h theory) and 39h for each group clinical session		Basic
Summer Training	No			
Other	No			

* This can include notes whether the course is basic or optional.

7. Program Description				
Year/Level	Course Code	Course Name	Credit Hours	
5th stage	PSY 5204	psychiatry	theoretical	practical
			60 h for annual year semester I,II	2wks +3days 39 h for each group clinical session

8. Expected learning outcomes of the program

Knowledge

By the end of the course the students should know

- 1-Understand basic concepts of mental health and illness, including biopsychosocial factors.
 - 2-Identify and classify common psychiatric disorders (depression, anxiety, psychosis, bipolar disorder, substance use disorders, childhood and geriatric psychiatry).
 - 3-Elicit a comprehensive psychiatric history and perform a Mental Status Examination (MSE).
 - 4-Recognize psychiatric emergencies (suicidal behavior, acute psychosis, delirium, withdrawal states).
 - 5-Apply diagnostic criteria (DSM/ICD) to common mental disorders.
 - 6-Formulate management plans, including pharmacotherapy, psychotherapy basics, and referral.
 - 7-Demonstrate communication skills and empathetic patient interaction.
 - 8-Understand psychotropic medications—indications, side effects, and monitoring.
- Recognize psychiatric aspects of medical and surgical illnesses.

Skills

How to take history from psychiatric patients.

- How to perform mental state examination.
- How to prescribe psychotropic medications.
- How to use Psychotherapy in the management of different psychiatric problems.

Ethics

Students should have an idea about the burden of mental health issues on society and be able to sympathize with patients in order to offer the optimum help for them.

Address ethical and legal issues in psychiatry (consent, confidentiality, mental health laws).

Promote mental health awareness, prevention, and stigma reduction.

9. Teaching and Learning Strategies

Theoretical lectures
Clinical sessions
Tutorials and seminars
EBM

10. Evaluation methods

Theoretical exams
Clinical exams
Logbook

11. Faculty

Faculty Members

Academic Rank	Specialization		Special Requirements/Skills (if applicable)	Number of the teaching staff	
	General	Special		Staff	Lecturer
Assistant Professor	medicine	psychiatry		1	

Program Skills Outline															
				Required program Learning outcomes											
Year/Level	Course Code	Course Name	Basic or optional	Knowledge				Skills				Ethics			
				A1	A2	A3	A4	B1	B2	B3	B4	C1	C2	C3	C4
5 th	PSY 5204	Psychiatry	Basic	√	√	√	√	√	√	√	√	√	√	√	√

- Please tick the boxes corresponding to the individual program learning outcomes under evaluation.

Course Description Form

1. Course Name: Psychiatry	
2. Course Code:	
PSY 5204	
3. Semester / Year: fifth year	
Annual year , semester I,II	
4. Description Preparation Date:	
10/9/2025	
5. Available Attendance Forms:	
15/10/2025	
6. Number of Credit Hours (Total 90 h) / Number of Units (3Total)	
99 h for annual year , semester I,II (60 h theory and 39 h for each group clinical sessions) / 5 unit	
7. Course administrator's name (mention all, if more than one name)	
Name: Sahar. A. Albermany Email:	
8. Course Objectives	
Course Objectives	<ul style="list-style-type: none"> 1- Introduce students to the concept of mental illness, how to diagnose and treat 2- Raise awareness about the heavy burden of mental illness on society 3- Correct common misconceptions regarding psychiatry 4- Improve students abilities to interact with different patients..
9. Teaching and Learning Strategies	
Strategy	<ul style="list-style-type: none"> 2 theoretical large group lectures per week 2 weeks of clinical training as small group learning Using case scenarios, seminars, case presentations and PBL

10. Course Structure

Week no.	subject	No. of hrs	objectives
1	Introduction and Psychopathology	5	Knowing important signs and symptoms in psychiatry
2	Schizophrenia and Delusional disorders	3	How to diagnose and treat Schizophrenia
3	Mood disorders	3	How to diagnose and treat Depression and Bipolar disorders
4	Anxiety disorders	3	How to diagnose and treat GAD, Phobic and Panic disorders
5	Somatoform disorders	3	How to diagnose and treat Somatoform disorders
6	Stress related and Personality disorders	3	How to diagnose and manage PTSD and Personality disorders
7	Drug abuse disorders	2	How to diagnose and manage Alcohol and Drugs addiction
8	Cognitive disorders	4	How to identify and manage Dementia and Delirium
9	Child psychiatry	2	How to diagnose and manage Autism, ADHD and others
10	Learning disability	2	How to assess and manage Learning disability
11	Alcoholism	2	How to identify and manage alcoholic patients
12	Suicide and DSH	2	How to assess risk and manage Suicide and DSH
13	Disorders of physiological functions	3	How to identify and manage Eating and Sleep disorders
14	Obsessive Compulsive disorder	1	diagnosis and treatment of OCD
15	Psychoanalytic theory	2	understand Defense mechanisms

11. Theoretical hours table

date	topic	teacher	objectives
16/9	Introduction to Psychiatry	د. سحر عبدالاله	Introduce the students to concept of mental disorders
19/9	Psychopathology	د. سحر عبدالاله	Definition of signs & symptoms in psychiatry
23/9	Psychopathology	د. سحر عبدالاله	
26/9	Psychopathology	د. سحر عبدالاله	
30/9	Psychopathology	د. سحر عبدالاله	
3/10	Mood disorders	د. سحر عبدالاله	Classification of main mood disorders Diagnosis of depression
7/10	Mood disorders	د. سحر عبدالاله	Understand the etiology, treatment and prognosis of depression
10/10	Mood disorders	د. سحر عبدالاله	Understanding other mood disorders
14/10	Schizophrenia	د. سحر عبدالاله	Knowing the clinical features and classification of schizophrenia
17/10	Schizophrenia	د. سحر عبدالاله	Understanding the etiology and types of schizophrenia
20/10	Schizophrenia	د. سحر عبدالاله	Explaining the prognosis and treatment of schizophrenia
24/10	Anxiety disorders Generalized anxiety disorder	د. سحر عبدالاله	Knowing the classification and clinical features of GAD
27/10	Phobic anxiety disorder	د. سحر عبدالاله	How to classify and treat phobias
31/10	Panic disorder	د. سحر عبدالاله	How to diagnose and treat panic disorder
3/11	Stress related disorders	د. سحر عبدالاله	Explaining the classification of stress related disorders
7/11	Post-traumatic stress disorder	د. سحر عبدالاله	Explaining the clinical features and treatment of PTSD

10/11	Adjustment disorder	د. سحر عبدالاله	Explaining the diagnosis and management of adjustment disorder
14/11	Suicide	د. سحر عبدالاله	Identification of risk factors & knowing how to manage suicidal patients
17/11	Deliberate self-harm	د. سحر عبدالاله	how to manage cases of DSH at the emergency department
21/11	Psychiatry and medicine	د. سحر عبدالاله	Knowing the most common somatoform disorders
24/11	Conversion disorder	د. سحر عبدالاله	Knowing the diagnosis and management of conversion disorder
28/11	Cognitive disorders	د. سحر عبدالاله	Knowing the diagnosis and management of Delerium
1/12	Cognitive disorders	د. سحر عبدالاله	Explaining the diagnosis and management of Amnestic disorder
5/12	Cognitive disorders	د. سحر عبدالاله	Explaining the clinical features and pathophysiology of Alzheimer's dementia
8/12	Cognitive disorders	د. سحر عبدالاله	Discussing the diagnosis and treatment of dementia
11/12	Personality disorders	د. سحر عبدالاله	Discussing diagnosis and classification of PD
date	topic	teacher	objectives
15/2	Alcohol dependence disorder	د. سحر عبدالاله	Knowing the diagnosis and treatment of alcohol dependence
18/2	Alcohol dependence disorder	د. سحر عبدالاله	complications of Alcohol dependence
22/2	Substance use disorders	د. سحر عبدالاله	Knowing the criteria of drug dependence
25/2	Substance use disorders	د. سحر عبدالاله	Identifying the clinical features of addiction of

			specific types of drugs and complications
1/3	Psychiatric emergencies	د. سحر عبدالاله	How to diagnose & manage cases of psychiatric emergencies
4/3	Psychiatric emergencies	د. سحر عبدالاله	rapid tranquilization guidelines
8/3	Child psychiatry	د. سحر عبدالاله	How to classify and diagnose child Autism
11/3	Child psychiatry	د. سحر عبدالاله	Diagnosis and management of other childhood disorders
15/3	Obsessive compulsive disorder	د. سحر عبدالاله	Knowing the clinical features and treatment of OCD
18/3	Mental retardation	د. سحر عبدالاله	Identification of the classification and complications of MR
22/3	Mental retardation	د. سحر عبدالاله	Knowing the clinical features of Down syndrome and Fragile X syndrome
25/3	Eating disorders	د. سحر عبدالاله	Classification and diagnosis of eating disorders
29/3	Delusional disorders	د. سحر عبدالاله	Knowing the classification and diagnosis of delusional disorders
1/4	Delusional disorders	د. سحر عبدالاله	The diagnosis of specific types of delusional disorders
5/4	Psychoanalytic theory	د. سحر عبدالاله	Explaining the concepts of psychoanalysis
8/4	Defense mechanisms	د. سحر عبدالاله	Explaining the different defense mechanisms

12. Clinical hours table

day	8:00 - 9:30 a.m.	9:30 – 11:00 a.m.
1	-History in psychiatry. (demographic data, chief complain and history of present illness)	practice history taking
2	History in psychiatry (past psychiatric history, family history and personal history)	case presentation

3	-Mental state examination (general appearance and behavior, speech and mood and affect)	performing MSE
4	- Mental state examination (perception and thought disorders)	performing MSE
5	Mental state examination (cognitive function and insight)	performing MSE
6	- Psychopharmacology (antidepressants)	case presentation
7	Psychopharmacology (antipsychotics)	observing patients files
8	Psychopharmacology (mood stabilizers, anxiolytics and ant dementia)	tour at the psychiatric pharmacy
9	ECT	display of ECT apparatus
10	Psychiatric emergencies EBM	emergency cases discussion

13.Course Evaluation

Half year theoretical exam	20
Clinical final exam	10
Attendance at practical sessions	5
Logbook	5
attendance at theoretical hours	10
quizzes	10
Final theoretical exam	40

14.Learning and Teaching Resources

Required textbooks (curricular books, any)	Ten Teachers Psychiatry For Medical Students
Main references (sources)	Oxford Shorter Textbook Psychiatry
Recommended books and references (scientific journals, reports...)	
Electronic References, Websites	

Examinations description:

Examination	Description
1-continuous progress test (CPT)	oral examination / spot diagnosis , quizzes , PBL ,Short answered questions , Case report ,homework activity and skills assessment , log book activity , attendance
2- theory exam for each 1 st and 2 nd mid semester	Short answered questions, M.C.Qs. and case presentation with short answer and matching according bloom and blue print
3-Half year theory exam	Short answered questions, M.C.Qs. and case presentation with short answer and matching according bloom and blue print
4- clinical session exam for final exam	OSCE , long case , short case , physical exam according bloom and blue print
5-final theory exam	M.C.Qs. as case sinario or direct question , according bloom and blue print

The minimum passing grades (Faculty bylaws) is 50 marks.
Re-sit Examinations :- Students who fail in the final annual year assessment will be required to re-sit (second sitting) the Final examination (theory and practical exam) .